

East London Intergroup Meetings

Hainault Sunday

St Pauls Church Hall, Arrowsmith Rd.,(off the Lowe Chigwell).
Time: 19.30
Postcode: IG7 4NZ
UID: 2961

Aldgate: Dellow Centre Sunday

Dellow Centre, 82 Wentworth St, off Brick Lane.
Time: 11.30
Postcode: E1 7SA
UID: 4003



Stepney Mile End Hospital Sunday

Mile End Hospital, Burdett Centre, Ground Flr, next to, restaurant, Bancroft Rd, Stepney. Bus: 25. Tube: Mile End or, Stepney Green
Time: 15.00
Postcode: E1 4DG
UID: 688



Canning Town Mayflower Morning Sunday

Anchor House, 81 Barking Rd
Time: 11.00 - duration 1hr 30mins
Postcode: E16 4HB
UID: 516

Canning Town: Sunday Sober Sunday

Anchor House, 81 Barking Rd, opp Rathbone Market.
Tube/DLR:, Canning Town. Bus:
5,69,115,276,309,323,330,474
Time: 19.30
Postcode: E16 4HB
UID: 668



Hackney: Lithuanian Speaking (velyku Rytas) Sunday

Lithuanian St Casimirs Church, 21 The Oval, Hackney Rd.
Time: 19.00
Postcode: E2 9DT
UID: 5070

Walthamstow Open Sunday

1 Beulah Rd.
Time: 19.00 - duration 1hr 30mins
Postcode: E17 9LG
UID: 715

Hackney Crossroads Sunday

Victoria Park Community Centre, 5 Gore Road.
Time: 10.00 - duration 1hr 30mins
Postcode: E9 7HR
UID: 6669



Clapton Complete Big Book Sunday

Aspland & Marcon Community Hall, 38 Marcon Place, Hackney
(Entrance is at the back of the building)
Time: 20.00 - duration 1hr
Postcode: E8 1LP
UID: 6896



Walthamstow Feelings Sunday

1 Beulah Rd.
Time: 11.00 - duration 2hrs
Postcode: E17 9LG
UID: 4972

East Ham Monday

St Bartholomews Church, 292B Barking Rd
Time: 20.00 - duration 1hr 30mins
Postcode: E6 3BA
UID: 566



Hackney Edward Gibbons House Monday

Edward Gibbons House, 1 Parmiter St
Time: 20.00 - duration 1hr 30mins
Postcode: E2 9NG
UID: 587



Bow Newcomers Monday

Basement, Bow Methodist Church, 3 Merchant St., between Mile End Rd/Bow Rd Tube off Mile End Rd.
Time: 20.00
Postcode: E3 4LY
UID: 6196

Woodford Monday

The Memorial Hall, St Mary's Church, 207 High Rd. , (400 yds on the right going Sth away from Tescos on the High Rd).
Time: 20.00
Postcode: E18 2PA
UID: 464



Bethnal Green Monday

United Reformed Church, Pott St
Time: 19.00 - duration 1hr
Postcode: E2 0EF
UID: 7054



Iford Barkingside Recovery Monday

Gants Hill Methodist Church, 18 Gants Hill Cres, Barkingside., (Cranbrook Rd end).
Time: 20.00 - duration 1hr 30mins
Postcode: IG2 6TU
UID: 412

Leytonstone Monday

Ground Floor, Leytonstone United Free Church, 55 Wallwood Rd
Time: 20.00 - duration 1hr 30mins
Postcode: E11 1AY
UID: 3337



Canary Wharf: Lunchtime Monday

Prayer Room, 2 Churchill Place, below Barclays Tower & behind Waitrose.
Time: 12.00
Postcode: E14 5RB
UID: 5699



Isle Of Dogs: As Bill Sees It Monday

Christ Church Crypt, Christ Church, Manchester Rd
Time: 20.00 - duration 1hr 30mins
Postcode: E14 3BN
UID: 2706

Stratford Lunch Monday

Methodist Centre, Bryant St
Time: 12.00 - duration 1hr 30mins
Postcode: E15 4RU
UID: 4231



Daily Reflections Early Morning Monday

1NE, 10 The Broadway (access at rear).
Time: 07.15 - duration 1hr
Postcode: IG8 0HL
UID: 8717

Bow Victoria Park Step & Tradition Tuesday

St Barnabas Church Bethnal Green, 341-343 Roman Rd
Time: 19.30 - duration 1hr
Postcode: E3 5QR
UID: 7669



Leytonstone Step & Tradition Tuesday

Ashville Room, United Reformed Church, Fairlop Rd, corner, Wallwood Rd.
Time: 20.00 - duration 1hr 30mins
Postcode: E11 1AY
UID: 634



Barking East End Lunch Tuesday

Barking Methodist Church, 41 London Rd.
Time: 12.30 duration 1hr 30mins
Postcode: IG11 8AL
UID: 409



Bethnal Green Morning Reflections Tuesday

Kedlestone Walk Community Centre, Holly Bush Gardens
Time: 07.30 - duration 1hr
Postcode: E2 9RP
UID: 8173



Bethnal Green 12 X 12 Discussion Wednesday

St John's Church Hall, Bethnal Green, opp tube stn side, entrance, (Roman Rd).
Time: 18.30 - duration 1hr
Postcode: E2 9PA
UID: 6154

Leytonstone Whipps Cross Wednesday

Board Rm, Junction 6, Main Corridor, Whipps Cross Hospital,, Whipps Cross Rd.
Time: 20.00 - duration 1hr 30mins
Postcode: E11 1NR
UID: 4657



Stratford (russian Spkn) Wednesday

Capital House, 134-138 Romford Rd
Time: 19.00
Postcode: E15 4LD
UID: 7158

Poplar Tuesday

Salvation Army, Kerbey St, off East India Dock Rd.
Bus: 15, 115, D6. DLR: All Saints.
Time: 20.00
Postcode: E14 6AJ
UID: 665



Iford Seven Kings (lithuanian Spkg) Tuesday

326 High Rd
Time: 19.00
Postcode: IG1 1QP
UID: 5855

Hainault Tuesday

St Paul's Methodist Church, Arrowsmith Rd, off The Lowe.
Time: 20.00
Postcode: IG7 4NZ
UID: 435

City Lunchtime Tuesday

St James Garlickhythe, Garlick Hill
Time: 13.00 - duration 1hr
Postcode: EC4V 2AF
UID: 8516



Aldgate Dellow Centre Wednesday

Dellow Centre, 82 Wentworth St
Time: 20.00
Postcode: E1 7SA
UID: 490



Canary Wharf: Early Risers Wednesday

Prayer Room, 2 Churchill Place, below Barclays Tower &, behind Waitrose.
Time: 07.00
Postcode: E14 5RB
UID: 5208



Canning Town Mayflower At Anchor House Wednesday

Anchor House, 81 Barking Rd, (opp Rathbone Market),
Bus: 5,69,115,276,309,323,330,474. Tube & DLR:
Canning Town.
Time: 20.00
Postcode: E16 4HB
UID: 664



Canary Wharf: As Bill Sees It Tuesday

Prayer Room, 2 Churchill Place, below Barclays Tower &, behind Waitrose.
Time: 17.30
Postcode: E14 5RB
UID: 5094



Whitechapel Living Sober Tuesday

Reset Tower Hamlets, 183 Whitechapel Rd
Time: 18.30 - duration 1hr
Postcode: E1 1DN
UID: 5485



First Clapton Tuesday

St James Church,through arch off Lower, Clapton Rd, near Lea Bridge Roundabout. Access and parking, in Powell Rd. Buses 38,106,253,52,55,48.
Time: 20.00
Postcode: E5 8DJ
UID: 4193

Buckhurst Hill Lunchtime Discussion Tuesday

Woollard Centre, Roding View (off Loughton Way)
Time: 12.30 - duration 1hr
Postcode: IG9 6AD
UID: 8586

Iford Barkingside Recovery Wednesday

Gants Hill Methodist Church, 18 Gants Hill Cres, Barkingside,, (Cranbrook Rd end).
Time: 20.00 - duration 1hr 30mins
Postcode: IG2 6TU
UID: 413

Poplar Discussion Wednesday

Salvation Army, Kerbey St, (off East India Dock Rd),
Bus: 15, 115, D6. DLR: All Saints.
Time: 13.45
Postcode: E14 6AJ
UID: 4941



Canning Town: The Path To Freedom Thursday

Anchor House, Barking Rd.
Time: 19.00
Postcode: E16 4HB
UID: 6068



Poplar Chapter Five Thursday

The Salvation Army, Local Community Centre, Kerbey St
Time: 20.00 - duration 1hr 30mins
Postcode: E14 6AJ
UID: 666



Ilford Seven Kings Thursday

St Johns Church, St Johns Rd, Seven Kings.
Time: 20.00
Postcode: IG2 7BB
UID: 3282



Dr Silkworth's Big Book Study Thursday

Guardian Angels Church (rear entrance), 377 Mile End Rd
Time: 19.30- duration 1hr 30mins
Postcode: E3 4QS
UID: 6630

E12 Lunchtime Thursday

CGL Building, 997 Romford Road
Time: 12.30 - duration 1hr
Postcode: E12 5JR
UID: 8665

Woodford Green Big Book Thursday

1NE, 10 The Broadway.
Time: 20.00 - duration 1hr 30mins
Postcode: IG8 0HL
UID: 5244

Wanstead Big Book Friday

Wanstead Baptist Church, 29-31 Wellington Rd.
Time: 19.30 - duration 1hr
Postcode: E11 2AS
UID: 8215

Barking Lunchtime Step Friday

Barking Methodist Church, London Rd
Time: 12.30 - duration 1hr 30mins
Postcode: IG11 8AL
UID: 3342



Canary Wharf Step & Tradition Friday

Prayer Room, 2 Churchill Place, below Barclays Tower &, behind Waitrose.
Time: 17.30
Postcode: E14 5RB
UID: 5700



Ilford Barkingside Recovery Thursday

Gants Hill Methodist Church, 18 Gants Hill Cres, Barkingside., (Cranbrook Rd end).
Time: 12.30 - duration 1hr 30mins
Postcode: IG2 6TU
UID: 5213

Sober in Shoreditch Thursday

Shoreditch Church (aka St Leonards Church), Shoreditch High St
Time: 20.00 - duration 1hr 30mins
Postcode: E1 6JN
UID: 5252



Chingford Chip Thursday

St Anne's Church Centre, 200A Larkshall Rd
Time: 16.00 - duration 1hr 30mins
Postcode: E4 6NP
UID: 5850



Bethnal Green Step By Step Thursday

Kedlestone Walk Community Centre, Holly Bush Gardens
Time: 07.30 - duration 1hr
Postcode: E2 9RP
UID: 8530



Hackney: Step & Tradition Friday

St John of Jerusalem Church, Lauriston Rd.
Time: 20.00
Postcode: E9 7DH
UID: 589

Bethnal Green How It Works Newcomers Friday

Bethnal Green Methodist Church, Approach Rd
Time: 19.00
Postcode: E2 9JP
UID: 7333

Ilford Barkingside Recovery Step Friday

Gants Hill Methodist Church, 18 Gants Hill Cres, Barkingside., (Cranbrook Rd end).
Time: 20.00 - duration 1hr 30mins
Postcode: IG2 6TU
UID: 414

Leytonstone Whipps Cross Open Friday

Board Room, Junction 6, Main Corridor, Whipps Cross Hospital, Whipps Cross Rd
Time: 20.00 - duration 1hr 30mins
Postcode: E11 1NR
UID: 635



Ilford Seven Kings (lithuanian Spkg) Thursday

326 High Rd
Time: 19.00
Postcode: IG1 1QP
UID: 5962

Walthamstow Big Book Thursday

Our Lady & St George's Church Hall, 132 Shernhall St.
Time: 12.00 - duration 1hr
Postcode: E17 9HU
UID: 6819



Chingford Thursday

North Chingford Methodist Church, Station Rd (opposite Budgen's).
Time: 20.00
Postcode: E4 7BJ
UID: 539

Forest Gate Seven till Eight Thursday

The Lounge, Durning Hall, Earham Grove.
Time: 19.00 - duration 1hr
Postcode: E7 9AB
UID: 8191

Poplar Just for Today - Newcomers Friday

The Emery Hall, The Queen Victoria Seamen's Rest (Entrance via Annabel Close), 121-131 East India Dock Rd.
Time: 20.00 - duration 1hr 30mins
Postcode: E14 6DF
UID: 7420



Aldgate Nadzieja (hope) Polish Spoken Friday

The Dellow Centre, 82 Wentworth St
Time: 20.00
Postcode: E1 7SA
UID: 6255



Stratford Discussion Friday

Bryant St Methodist Church, Bryant St
Time: 20.00 - duration 1hr 15mins
Postcode: E15 4RU
UID: 2731



Theydon First Friday

Theydon Bois Baptist Church, 2 Avenue Rd, Theydon Bois
Time: 19.15 - duration 1hr 15mins
Postcode: CM16 7JJ
UID: 8799



Canning Town Saturday

Anchor House, 81 Barking Rd, (opp Rathbone Market),
Bus: 5,69,115,276,309,323, 474. Tube & DLR: Canning
Town.
Time: 20.00
Postcode: E16 4HB
UID: 636

Walthamstow Saturday

Our Lady & St George's Church Hall, 132 Shernall St
Time: 20.00
Postcode: E17 9HU
UID: 4393



Bethnal Green Atheists & Agnostics Meditation Saturday

Quaker Social Action Meeting House, 17 Old Ford Rd
Time: 18.00 - duration 1hr 10mins
Postcode: E2 9PJ
UID: 7513

Ilford Seven Kings (lithuanian Spkg) Saturday

St Peter & St Paul Parish Church Centre, 342 High Rd
Time: 15.00
Postcode: IG1 1QP
UID: 5856

South Woodford Saturday

Methodist Church Hall, Derby Rd.
Time: 20.00
Postcode: E18 2PU
UID: 2665

Forest Gate Lunch Saturday

Durning Hall, Earlham Grove.
Time: 12.30 - duration 1hr 30mins
Postcode: E7 9AB
UID: 574

Bethnal Green Morning Saturday

St John's Church Hall, Bethnal Green, Roman Rd (next
to Bethnal Green Tube Stn).
Time: 10.00
Postcode: E2 9PA
UID: 6185



Hackney Crossroads Saturday

2 Westgate Street.
Time: 14.00
Postcode: E8 3RN
UID: 5832