



## PI Service News

*“Easy does it.....  
but do it!”*

Shared Service Experience



July 2019

Please pass on this newsletter to your friends in the Fellowship, either by forwarding via email or by printing copies to take to your local meetings. Anyone who wants their personal copy of the newsletter should send us their email address to the address below. You can also drop a line to GSO with any items for inclusion.

Please note the contact address: [aainformation@gsogb.org.uk](mailto:aainformation@gsogb.org.uk)

### **JULY EXTRA!** (See “Forward Planning at the end of the Main News”)

**London Region North’s Melissa L P** comprehensively reports:-

On 18th May 2019, from 9:30-2PM, an **AA SERVICE WORKSHOP** was presented in Kings Cross London at Mary Ward House on Tavistock Place. It was organised by **London Region North** and was free to attend. Lunch was provided and there were 50-60 people in attendance. Panel speaker sessions were delivered on how to maximize service ‘**WITHIN the AA STRUCTURE**’ and ‘**THROUGH PUBLIC INFORMATION**’.

UK attendance included visitors from **Brighton, Maidstone Kent, Cumbria and Shropshire**. Locally, members of **every London Intergroup** were present. There were also members present from an English-speaking **AA group in Florence, Italy**.

A quote began the workshop. **On page 77 of the Big Book** the line was read, ‘*Our real purpose is to be of maximum service to God and the people about us.*’

In this workshop, service members described their roles and the practical experiences in which they found success, as well as the mistakes they learned from. Many of the speakers discussed not just about the most helpful tools but also the most helpful mind-set.

**The History of the AA Structure:** This speaker discussed what we could learn from the early days of AA. He mentioned a quote by *Dr. Bob* during a committee meeting in 1939. Words at that meeting were ‘*flying like in a barroom*’. He said ‘*Gentlemen please. Were still members of Alcoholics Anonymous. Let’s carry the principles of AA into these business meetings. You are servants of your group, here to take the ideas formulated by the committee. Let one man talk at a time and let us conduct this business meeting as a service to the Lord and a service to our fellow members.*’

The speaker discussed the publication dates and how it correlated to AA membership then and now. He talked about the origin of the GSC; that it was a conscience of the fellowship that, in *Bill's* words *'we may not need to ensure our own recovery, but for the alcoholic who still suffers.'*

He addressed questions such as 'How can we be sure that the conscience is informed?' and 'How do we safeguard the opinion of the majority while preventing the tyranny of the majority?'

**Being an Effective Group/Intergroup Secretary:** It was this speaker's goal, she said, to help 'demystify' being a group or intergroup secretary. She discussed what the role looked like practically such as note taking and how general organisation is extremely useful; she recommended such as getting agendas and reports out in good time so that the group would be allowed time for sober reflection and not just reaction.

She also mentioned that it helped her when she organised her own behaviour without putting expectations on other officers. For example, she realised that there were some officers that were never going to submit reports on time, if at all. As to what she expected of herself, she learned not to try to capture every word that was said but to capture the decisions and actions that were being discussed. Then she'd get the minutes out to allow plenty of time for them to be read while understanding that there were members who never would.

Her personal views were that she was still a serving officer that could have a view, not to compare herself to other secretaries, and to remember that we are dealing with other alcoholics who are giving up their time. She ended by saying how much it helped her when she managed to 'place principles before personalities'.

**Chairing Business and Group Conscience Meetings:** The speaker began by mentioning something his own sponsor had relayed to him- that spiritual principles will solve all our problems and that non-spiritual principles will cause them. The role of a chair is important he said, because, 'if group conscience and business meetings aren't run effectively, nothing works.'

The difference between a business meeting and a group conscience meeting was discussed, as well as the difference between an informed and an uninformed group conscience.

Some of the chairing responsibilities he included were allowing substantial time for a group to come to a major decision, reminding everyone what the topic is and to share from their own experience, and to make sure that the quieter voices are heard. It was in his words, 'most important to promote unity, while not over censoring the person who stepped out of line because they too are part of the group'.

For decisions in which the minority is even 25% there may be things that the group hasn't discussed yet. Useful tools he said, included asking for written contributions which were welcome for a month from now until the next meeting and asking particularly argumentative group members to form a subcommittee to create alternative proposals.

**Access to AA for Those with Additional Needs:** In this speaker's words, 'Information can help you to make an informed decision'. She referred to tradition 5, (carrying the message), and Concept 9 (having good service leadership at all levels). She asked us the question, 'What potential leaders are we missing by not making this meeting available to them?'

She said that to start being inclusive it helps in a group to determine the level of need that exists. Though there wasn't in ten minutes the time to discuss each group, she did research various groups of people who have difficulty accessing meetings and collated a document that shared information about what needs they may have and ways in which we could assist with access. She spoke of people who are deaf and hard of hearing.

'Do we', she asked 'have interpreters at Intergroup and Region and is this something we should have'? The simplest action point that could be taken, she said, was to have recovery material in Braille, and she said that it was available at the literature table at this workshop for people to look at and familiarise themselves with.

Other suggestions included having a built-in loop system to help the hearing impaired, and things that assist with lip reading such as a horseshoe shaped chair formation and decent lighting. She mentioned that there is one deaf meeting in London that provides an interpreter presently and suggested we consider the language of a script that may currently suggest 'attending 90 meetings in 90 days. It would take a hard of hearing person 2 years to complete this assignment at one deaf meeting a month.

She discussed pioneers in AA who are making strides in deaf and hard of hearing access, citing a movement in Texas in 2010 in which a newcomer attended a meeting wearing a sign explaining that they were deaf and could not afford an interpreter. An accessibilities committee was formed, and the money was raised to provide an interpreter. The movement grew and currently Texas now has the first Deaf intergroup.

**A Word from London Region North Share Rep:** The Share Representative had a volunteer discuss the role and what it consisted of, as well as its origins. Articles, the speaker said, should relate to one's experience with alcoholism, be up to 1,000 words, and correlate with a step or tradition. A volunteer in the audience also offered to help ghost-write people's stories who wanted to contribute but may not have the time to commit to writing an article. It was mentioned that Share is a way for people who aren't able to get to meetings to connect with the fellowship, such as people who are housebound.

**Session 2: Service Through Public Information.** This second session helped me to understand what I avoided for several years of my sobriety- the roles within 'Region' and 'Intergroup', what it is, why it exists, what skills are needed to perform the work, and the attitude with which best helps us to perform it. This information was delivered in the form of experience rather than theory; London Region North Officers with several years' experience in these roles shared what they knew.

What I didn't know for years about intergroup and region is that it is, in simplest terms, a way of reaching out to our communities to carry the message. This is best understood via the officer roles. The Employment Liaison Officer, for example, reaches out to employers, the Armed Services Officer reaches out to members of the community who are in the Armed Services, the Prisons Liaison Officer reaches out to community members in Prisons.

The workshop discussed what they have done in each of their officer realms and what that was like for them. Not just ways to practice, history or the purpose of the groups and subcommittees. But an underlying theme through this panel that addressed how we could best carry it out.

**The History of Public Information Work Talk:** The speaker discussed the first few years of AA and how Bill had said in a 1945 Grapevine article that they were '*flying blind*'. *That they were preoccupied with the life and death of recovery.* She mentioned the first discussions about AA's public image and described how the practice of anonymity varied in the early days among the groups.

She cited examples of breeches in anonymity and the reason we seek to avoid this. She said that some people with this illness are very sceptical and we don't wish to alienate them. For this reason, she said, we can't seem to be 'working' for AA. Bill would say that we needed to continue to be '*anonymous without being invisible*.'

Suggestions for getting involved she listed included going to Intergroup, volunteering for a role, reading the AA service handbook, going to a Region and Public Information Liaison meeting, attending PI subcommittees, reading PI Service News, forming a PI subcommittee and organising a public information event. Lastly she suggested asking for help and guidance from another AA member with more experience.

**LRN Public Information Officer Talk:** The speaker discussed examples of breakthroughs in Public Information work such as when the **Department of Health** decided that 'mutual aid was a good thing' and AA Public Information officers were given access to health workers and counsellors and people seen as specialists in alcoholism. Things he noticed was that 'they didn't initially know a lot about us' but that 'it wasn't hard to get them on side.'

He reminded us that many alcoholics don't show up at meetings, which is why Public Information work is so vital. He discussed an annual event at the House of Commons with about 100 people in attendance. 'It's hard to get anyone's attention, once you have their ears and eyes and attention it's very much easier'.

**London Region North Employment Officer Talk:** The employment liaison officer's talk mentioned working with employers and reaching out to workplaces to tell AA what we do and don't do. Through things like HR Units, Trade Unions, Rotary, Occupational Health, Job Centres, and more he said that we discuss the facts, stats recovery rates, and the cost (free).

The speaker said that in his experience, doing things like a PowerPoint presentation coupled by an alcoholic's experience strength and hope is a powerful combination. His approach is to go in with the facts- that it takes money to train employees and we have a way to help them get sober, which reduces presenteeism, absenteeism, and health and safety risks without costing them money. He reminded us that most people, in the workplace and otherwise have an alcoholic in their life and suggested that these settings are a good place to also leave an 'Is there an alcoholic in your life?' pamphlet.

**London Region North Prisons Officer Talk:** The speaker discussed the three main prisons we work with and what we can do for them. He gave us some history including that **San Quentin** is the first prison known to have had an AA meeting. It was in 1942, inmates had managed to get a book and they went to Warden Quentin Duffy and asked for help. He also told us that **Leeds** had the first UK prison meeting to be set up by outsiders.

The speaker stated that prisons can be dynamic and sometimes volatile places to carry the message. With an AA prison population of 80-83,000 in UK currently, he said that it's also extremely important.

The speaker also discussed how we liaise with Probation, and how we try to address the 24-hour window in which a prisoner is released, in which there is an extremely high rate of relapse. Currently, the UK government is looking to merge Prison and Probation into one system, and a question that's being discussed is how we can merge our service commitments to accommodate this.

The speaker said that we have a 12-step list for responders who have been in prison. He cited this as an example in which our experiences can make us uniquely qualified to help others.

**London Region North Armed Services Officer Talk:** The Armed Services Officer spoke about his experiences carrying the message. He gave an example of being shown around the barracks by a medical officer at **Knightsbridge** and how that experience affected him. He explained how that experience led to medical staff and nurses inviting him to attend their health fair- and how this opportunity opened doors for us to carry the message.

### **Questions and answers**

Following each of the sessions there was an opportunity to voice questions, network and even make requests. One member asked to hear the AA radio advert and was obliged- it sourced by another member via a mobile and put under the mic.

An attendee from Shropshire Intergroup asked how she could make Intergroup more accessible to the Group we serve. One panel member's suggestions included: visiting the groups within the Intergroup area to introduce herself, collecting GSR numbers (and inviting a group who may not have a GSR to allocate someone who could provide her with a contact number), and breaking down the barriers between Groups and Intergroup through information and outreach. She has written to tell me since that she's taken these suggestions on board, including (with the help of another member) visiting Groups and that they now refer to themselves as '**Shropshire on Tour 2019**'.

Another question was asked, "What can I do when a Home Group isn't run as well as one would wish without telling everyone they are wrong"? The answer given was to go to the first thing that would help and isolate the rest, one idea at time.

The job of the Secretary, the panel member said, is to introduce ideas, not to interfere with the Group Conscience. He said that the way they do things is their conscience. As far as where one can be of maximum use it was suggested to form another group with likeminded people instead of trying to change others. From the personal experience of the panel member responding, this was 'futile and a waste of productive energy'.

### **Summary**

The type of service *Dr. Bob* was asking for in his famous '*words were flying like in barroom*' a quote over 80 years ago was not just a matter of practical application but of attitude and perspective. The workshop seemed to follow a similar tone. There were decades of experience, blatantly organised volunteers, and a very welcoming atmosphere.

### **Audio Recordings**

All 10 speakers gave permission to be recorded.

These recordings are available to stream (but not download) through these links: Session 1, Service within AA: <https://app.box.com/s/r7iqgr3feyj7gz91fxpf89rkxvzu28o8> Session 2, Public Information: <https://app.box.com/s/a9vjrx0npv8e3qmo1sghbn345tz9wodk>

# **JULY PUBLIC INFORMATION SERVICE NEWS.**

## **Public Information (PI) Sub Committee vacancies.**

There are two vacancies on the Public Information (PI) Sub Committee of the General Service Board.

**The PI Sub Committee** is looking for two new members to join a committed team which is passionate about carrying the AA message to the public, professionals and the suffering alcoholic at a national, regional and group level.

### **Our primary functions are to:**

- Support the GSB by implementing PI initiatives as directed by the GSB resulting from AA GB Conference.
- Carry the message of the fellowship & increase awareness of the AA programme among the general public and professionals.
- Establish and maintain good relations with professionals, professional bodies and the media at a national level.
- Create a consistent and clear message that differentiates Alcoholics Anonymous from other bodies or organisations.
- Provide support to Regional and Intergroup PI Liaison Officers, via resources, information and advice. Organise periodic seminars for Regional & Intergroup liaison officers and support the sharing of good PI practice & communicate this effectively.

### **Basic Role requirements are:**

- Sub Committee members serve for a period of four years.
- A minimum of five years' continuous sobriety at the time of applying.
- A working knowledge of the AA GB service structure and AA Traditions & Concepts.
- Willing to work within the PISC Terms of Reference and as part of a team which is directly responsible to the General Service Board of AA.
- Prepared to attend up to 4 meetings a year in York or in GB.
- Good organisational and communication skills. Relevant IT skills.
- A personal service history at Intergroup or Region in this discipline or other relevant AA Service experience.

### **Desirable requirements:**

- The ability to produce written and verbal reports.
- Experience of preparation and delivery of workshops and presentations.
- Some experience in PR, marketing, social media, journalism &/or communications.

Details on how to apply can be found here:

<https://www.alcoholics-anonymous.org.uk/Members/Service/Vacancies>

The closing date for applications is 16<sup>th</sup> August 2019.

**Alcoholics Anonymous Awareness Month – November**

So why is it  
Important to call it  
ALCOHOLICS ANONYMOUS  
AWARENESS MONTH?

Many Agencies in November  
Promote their own issues ....

TRADITION 11 Is about CO-operating  
But ....not affiliating !  
AND we want people to know AA  
IS FOR THEM !

Absolutely ....  
My personal anonymity  
Is protected but AA  
isn't INVISIBLE ...

AND....  
IT SAVED MY LIFE!

REMEMBER  
ALCOHOLICS AWARENESS MONTH  
NOVEMBER 2019...

SPANISH PUBLIC INFORMATION



## **Remember the suffering alcoholic who doesn't speak English!**

My name is *John O.* I'm an alcoholic.

Someone announced: "The Telephone Office is compiling a list of people who speak foreign languages because they are getting requests for 12 step calls for suffering alcoholics who need help but don't speak English."

It took me 15 months of slipping, sliding, belligerence and pure insanity to get from my first AA meeting to the 'Gift of Desperation' or 'Rock Bottom'. (I haven't had a drink since then – June 1993.) I remember the confusion, loneliness, anger and sheer mess of my life back then – I also had a one-year old child and no idea of how to be a father. My Higher Power gave me a gift – I'm good at languages so when the call went out to help I promptly added my name to the foreign language speaker list. I started to remember the despair of those last days of drinking – I was in my own city, speaking (slurring) my own language – imagine that misery and you're in a foreign place!

A few weeks later I started to receive the occasional call from newcomers to our city, who not only couldn't speak our language but were suffering the same despair as I had had – they couldn't stop drinking. Over time I received more calls and eventually realised something so obvious I couldn't believe it took me so long (Recovery can be a slow process!). I couldn't take these suffering alcoholics to meetings in their own language! There weren't any!

I decided to start a Spanish-speaking Group. I went to a local church – the priest was of course very helpful. I registered the group with York for the 'Where to Find' (this was 2006 so no website yet (at least not to my knowledge at the time). I brought literature from Spain and started appearing every Tuesday at the church hall near Manor House, North London. The calls in Spanish continued to come, including from sober Spanish speakers who were in London on business. It took a while to get going and I sat alone with a Big Book for six weeks until one Tuesday a Mexican journalist named Jaime appeared and so the first Spanish-speaking Group was born. After about six months there were 5-6 people coming regularly.

I left London and lost contact with Spanish-speaking AA there but returned to service in London a couple of years ago and got involved in Spanish-speaking AA again. I now sponsor Spanish speakers and encourage them to go to meetings in English as well and to join in with AA UK as a whole – for we are truly global. I would urge anyone who speaks a foreign language to let the phone office know and use your God-given talents to carry the message. There are now 3 meetings a week in Spanish in London. It has been an enriching experience. I recommend it.

Me llamo John, soy alcohólico.

Escuché en una reunión a alguien anunciar: Si sabes idiomas extranjeros y quieres ayudar en nuestra ciudad a los que aún están sufriendo del alcoholismo y que no hablan nuestro idioma, ponte en contacto con el OSG porque están haciendo una lista de personas para responder a llamadas del Paso 12 en varios idiomas.

Cuando yo llegué a AA no pude dejar de beber - desde la primera reunión pase 15 meses en una pesadilla, asistiendo a reuniones muchas veces borracho y drogado. Cuando unos años después rocardé esa época y pensaba en el alcohólico que no habla inglés y aún no ha encontrado la recuperación, me puse muy emocionado.

Entonces decidí también ser miembro de este grupo de personas que respondería a las llamadas en español. Pronto empecé a recibir llamadas en español e intentar llevar el mensaje, pero saqué la conclusión que esto no era suficiente porque no había reuniones en español (en 2006). Tomé la decisión de fundar un grupo para hispanohablantes! Pedí literatura desde España, encontré un salón en la iglesia del barrio y empecé asistir cada martes. Durante 6 semanas estuve solo con el libro azul y mi Poder Superior, y un día apareció Jaime de Ciudad de México y así nació el nuevo grupo.

Después de unas semanas solían juntarse 5-6 personas cada semana.

Posteriormente dejé Londres en 2007 y perdí el contacto con los compañeros latinos.

Volvi en 2017 y encontré un grupo latino que se llama 'Los Amigos'.

Hoy en día hay 3 grupos latinos de AA y tengo amigos en cada grupo. También tengo el placer de apadrinar a unos e intento animarles a asistir también a reuniones en inglés – el espíritu de la primera tradición porque tenemos una fraternidad global.

Si hablas idiomas extranjeros ponte en contacto con el OSG – te lo recomiendo porque me ha enriquecido la vida.

## **Intergroup News.**

**South East London (West) I/G's HLO Emma** went to King's College Hospital to meet with Alcohol Care team. They are eager to have AA within the hospital. Volunteers from AA will visit bedsides of patients willing to speak to people from AA. AA Volunteers will have to fill out an online form, have a DBS check, undergo training, obtain references etc. Four volunteers currently going through the process.

**London South West I/G's Sue** reports school talks repeatedly requested and enthusiastically received. **PILO Gretchen S** describes developing projects, including expanding receipt of the Newsletter to share more information, and creating a Service Roadshow to take around Groups. Also holding multi-officer/area get togethers to share ESH, build a wider network of AA's who want to get involved with service i.e.

*'Meeting between the meeting' – new meeting halfway between Intergroup meetings to try to share experience, support and inspire each other with service positions. You do not need to be a service officer or GSR, but anyone wanting to do service.* **London West End's ELO Cait S** reports speaking to **3 Civil Services Human Resources partners**, giving information about A.A. and how to signpost alcoholics to get help. **AA "Casino Chips"** to use for P.I. now in stock.

**Mental Health Awareness Week (13-19<sup>th</sup> May)** – An advert on **Magic Radio** for 4 weeks. Quote for **London Bus** advertising campaign (£4,000 for 35 buses for 2 weeks). **Motorway Service Stations bathroom advertising** around London ( Regional support).

**Guernsey I/G's Chair Chris S** reports attendance of Andrea Nightingale (Drug & Alcohol Strategy at States of Guernsey) at an open, well attended meeting. The request from BBC Radio Guernsey for a Young Persons story answered. Posters and meeting times have been put up in **Crevichon Ward** to attract attendance of patients at the **Gateway meeting**, and the **Police Station**.

**Coventry and Warwick I/G** report the need, in order to hold A.A. meetings, to offer a time to the **University Hospital, Coventry** that does not clash with “visiting hours” or times when staff were not ordinarily available to supervise i.e. evenings. 3.00pm Tuesdays works!

**Plymouth I/G** report **Derriford Hospital** meetings running weekly now. **Hamoaze House** successfully holds a women’s meeting. Positive meetings are being held at **Greensfield Unit**.

**Glasgow North West I/G** reports:- 4 meetings at **Gartnaval** and **Stobhill Hospitals** well attended by Patients, Student Nurses and Staff. *PI suggestions*:- Ask taxi drivers to carry the small AA cards with the Helpline Tel. No.; If your Home Group is held at a community venue, take a poster, and ask if they would list AA meetings on their Activity Schedule, adding the Helpline number.

**North East Surrey I/G's PILO Jacky L** reports AA awareness talks delivered to over 200 students at **Reigate School** – gratefully received. 2 AA members shared their story of alcoholism with each group, and how they were able to stay sober and live a healthy life by being part of the AA Fellowship. Questions were invited and AA and Al-Anon literature given, and signposted ALATEEN contact details. Feedback:-

*“Thank you so much for allowing me to carry out this piece of service. It was amazing to see so many young people listening with rapt attention to what myself and my fellow had to say. A moving and amazing experience for me.”*

*“One young lady had a ‘safe’ word that she was allowed to use in her lessons when she felt vulnerable and needed to leave the classroom. She used this safe word during my talk but returned to the classroom after and spoke with me on a 1:1, with her Teacher, about what is happening for her at home.*

*“The Teacher spoke in the session about his own family members who were alcoholics, I felt this really broke the ice with the students and encouraged them to speak up.”*

**Health– East Surrey Hospital** – new Starter Packs to include “Where to Find” leaflets for NE Surrey and Mid Surrey meetings. **Staff** and **Patients** offered direct contact with the National AA Website/ Phone line and the Local Helpline. Staff reminded about the AA Meeting held at the Hospital on a Wednesday. Further Staff sessions and poster/literature presentation in hand.

**West Kent I/G's PILO Matt A** reports placing a free AA advertisement in the Kent monthly magazine ‘**The Net**’. School talks have been revived at **Oak Park, Maidstone; Bordon Grammar, Sitingbourne and Rainham Girls**. **HLO Andy H** reports continuation of regular meetings at **Kenwood House**.

**Manchester I/G's HLO John G** reports involvement in the “**Big Alcohol Conversation**” event co-ordinated by the **Deputy Mayor for Greater Manchester**, and linked to the police and crime strategy for drugs and



alcohol. A very positive *P.I.Event* was attended at **Urmston Grammar School**.

**Birmingham I/G's Jayne** reports setting up a meeting at **City Hospital**.

**North East Anglia I/G's PILO Monica P** reports that public liability insurance is required at the **Norfolk and Norwich Hospital** to allow volunteers to attend the bedside of patients. Posters provided to place on the inside of toilet doors. A presentation given to **GLC/Emerging Futures** abstinence group.

**Inverness and District I/G + Highland and Islands Region. PILO Marion McK** reports a display at the annual **University of the Highland and Islands** event. Also a presentation for **Final Year UHI Students**.

**Edinburgh & Midlothian I/G – “Service Suggestion Card”**.

<p><b>SERVICE</b></p> <p><i>Attraction in Action</i></p>  <p>The gift of Service.</p> <p>AA gives us the opportunity to be of service - because we are changed into people who give instead of people who just take.</p> <p>Our Three Legacies are gifts handed down to us. We receive the gift of Recovery when we work the Steps.</p> <p>We receive the Gift of Unity when we cling together in love and work together to keep our Fellowship alive .</p> <p>We receive the Gift of Service when we act for someone else's benefit rather than our own – because we are now people who can do something for someone else.</p> <p><small>Taken from the Chairs address to Forty-Eighth General Service Conference of Great Britain</small></p> <p>For more information about service opportunities come along to Intergroup which is held on the last Thursday of the month at St Catherine's Convent 7.30pm.</p> <p>Alternatively you can contact <a href="mailto:pi.edinburgh@aamail.org">pi.edinburgh@aamail.org</a></p>	 <p><b>SERVICE</b></p> <p><b>How can you help ?</b></p> <p><b>There are a number of ways you can help, you don't need to commit to a regular service position but you can still help by:</b></p> <ul style="list-style-type: none"><li>• Supporting talks to school pupils and students</li><li>• Helping with talks to medical professionals and patients</li><li>• Working with Armed Service personnel</li><li>• Giving a little time to host a literature stand at Public Information event</li><li>• Distributing posters and literature to GP's, Police and Community Groups</li><li>• Becoming a Prison Sponsor</li><li>• Giving some time to support the telephone helpline</li><li>• Taking up a Service Role at Intergroup</li><li>• Writing an article for Roundabout</li></ul>
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## **Forward Planning**

**Regional P.I.L.O.'s Meeting at GSO, York 13-14 September, 2019.** The theme to suggest and support “P.I. Roadshows” for I/G, provided by Regions, supported by the P.I. Sub-Committee by way of power point presentations and information pack. Please complete your registration slip as soon as possible, and return by 7<sup>th</sup> August, 2019 or email [jennypryke@gsogb.org.uk](mailto:jennypryke@gsogb.org.uk) by 7th August in order for GSO to book your accommodation.

**London Region South's Trustee Amanda S.** reports:- **London Region South Forum – “Pass It On”** will be on **20<sup>th</sup> July** 10am to 4pm at **Trinity House Hall, Venn Street, Clapham Common, SW4 OBN**. Presentations

from AA GB General Secretary, GSO Office Staff, GSB Trustees for Prisons and Young People and Health Professionals. Lunch will be provided. If you are planning to attend or want to submit a question, please email: [forum@ls.aamail.org](mailto:forum@ls.aamail.org)

East Sussex I/G's Convention ECLO Patrick gives notice of :-

# EAST SUSSEX INTERGROUP CONVENTION 8th - 10th NOVEMBER 2019

With full Al-Anon participation



**REGISTRATION £5**

Held at

Best Western Lansdowne Hotel

King Edwards Parade

Eastbourne BN21 4EE



**[www.aa-eastsussex.org/2019-convention](http://www.aa-eastsussex.org/2019-convention)**





# Events Guide



## Friday

4pm	Registration	Jevington Room
5pm-10pm	AA Drop in Meetings	Alfriston Room
6pm-7pm	Meditation Workshop	Martello Room
8pm-10pm	Main Shared Platform Meeting	Lawns Room
10pm-Close	Entertainment	Jevington Room

## Saturday

9am	Registration	Jevington Room
9am-9.45am	Meditation	Martello Room
10am-10pm	AA Drop in Meetings	Alfriston Room
10am-11.30am	Al-Anon Open Meeting	Berwick Room
10am-12pm	Main Shared Platform Meeting	Lawns Room
12pm-1.30pm	School Talks Workshop	Martello Room
2pm-3.30pm	Al-Anon Open Meeting	Berwick Room
2pm-4pm	Main Shared Platform Meeting	Lawns Room
4pm-4.30pm	Al-Anon Auction	Lawns Room
4.30pm-6pm	PI Workshop	Martello Room
6.45pm-8.15pm	Main Shared Platform Meeting	Lawns Room
8.15pm-9pm	Raffle	Lawns Room
9pm-Close	Live Band	Jevington Room
9pm-Close	Film	Lawns Room

## Sunday

10am-12pm	Spiritual Meeting	Lawns Room
12pm-Close	Sobriety Countdown	Lawns Room

### **AA Drop in Meetings Run Hourly on Friday and Saturday**

**DISCOUNTED ROOM RATES:** Please book Direct with Hotel There are many room options available for this wonderful weekend. Limited single rooms, shared twin rooms & family rooms to share with your wonderful friends or your family. All for the fantastic discounted price of £77.50 per person per night. Double and twin rooms will be charged at £155 per room per night. Single occupancy in a twin or double room will be charged at £100 per night. Included in this price you will receive Bed & Breakfast and Dinner as per the hotel menus. Sunday Lunch available for £19.95 if required.

**Email: [enquiries@lansdowne-hotel.co.uk](mailto:enquiries@lansdowne-hotel.co.uk)**

## **Reminder**

**Westminster Parliamentary PI event of AA for Professionals, Oct 2019** – please publicise this event amongst Professionals in your area (details in May PI Service News). Register with: [sophie.wright@gsogb.org.uk](mailto:sophie.wright@gsogb.org.uk)

**PLEASE** pass on your experiences to the address below. PI Service news is fortunate to receive a great deal of information from throughout Great Britain and Continental European Region. If anything you have sent hasn't appeared, please try again.

**INTERGROUP SECRETARIES** – please pass on Public Information Service News to Group Service Representatives, by e-mail or hard copy.

Please note the contact address: [aainformation@gsogb.org.uk](mailto:aainformation@gsogb.org.uk)