

# East London Intergroup Meetings

## Hainault Sunday

St Pauls Church Hall, Arrowsmith Rd,(off the Lowe Chigwell).  
Time: 19.30  
Postcode: IG7 4NZ  
UID: 2961

## Aldgate: Dellow Centre Sunday

Dellow Centre, 82 Wentworth St, off Brick Lane.  
Time: 11.30  
Postcode: E1 7SA  
UID: 4003



## Stepney Mile End Hospital Sunday

Mile End Hospital, Burdett Centre, Bancroft Rd, Stepney  
, Bus: 25. Tube: Mile End or Stepney Green  
Time: 15.00 - duration 1hr 30mins  
Postcode: E1 4DG  
UID: 688



## Canning Town Mayflower Morning Online Sunday

Zoom meeting ID: 593 524 1222 Password: 721980  
<https://us02web.zoom.us/j/5935241222?pwd=MnNld0dCUDJVSC8xTk5DRklXWUozQT09>  
Time: 11.00 - duration 1hr  
Postcode: E16 4HB  
UID: 516

## Canning Town: Sunday Sober Sunday

Anchor House, 81 Barking Rd, opp Rathbone Market.  
Tube/DLR: Canning Town. Bus:  
5,69,115,276,309,323,330,474  
Time: 19.30  
Postcode: E16 4HB  
UID: 668



## Hackney: Lithuanian Speaking (velyku Rytas) Sunday

Lithuanian St Casimirs Church, 21 The Oval, Hackney Rd.  
Time: 19.00  
Postcode: E2 9DT  
UID: 5070

## Walthamstow Open Sunday

1 Beulah Rd.  
Time: 19.00 - duration 1hr 30mins  
Postcode: E17 9LG  
UID: 715



## Hackney Crossroads Online Sunday

Victoria Park Community Centre, 5 Gore Road  
Time: 10.00 - duration 1hr 30mins  
Postcode: E9 7HR  
UID: 6669



## Clapton Complete Big Book Online Sunday

Aspland & Marcon Community Hall, 38 Marcon Place, Hackney  
(Entrance is at the back of the building)  
Time: 20.00 - duration 1hr  
Postcode: E8 1LP  
UID: 6896



## Walthamstow Feelings Sunday

1 Beulah Rd.  
Time: 11.00 - duration 2hrs  
Postcode: E17 9LG  
UID: 4972



## Just for Today Online Sunday

Mtg on Zoom:  
<https://us02web.zoom.us/j/2921495919?pwd=eEZJQ0FjeWNEWFZqcjI9rMXdmWVVqZz09>  
Time: 08.00 - duration 1hr  
Postcode:  
UID:

## Just for Today Online Monday

Mtg on Zoom:  
<https://us02web.zoom.us/j/2921495919?pwd=eEZJQ0FjeWNEWFZqcjI9rMXdmWVVqZz09>  
Time: 08.00 - duration 1hr  
Postcode:  
UID: ON82

## East Ham Monday

The Luke Rm, St Bartholomews Church, 292B Barking Rd.  
Access only via the back of the church.  
Time: 20.00 - duration 1hr 30mins  
Postcode: E6 1LA  
UID: 566



## Hackney Edward Gibbons House Monday

Edward Gibbons House, 1 Parmiter St  
Time: 20.00 - duration 1hr 30mins  
Postcode: E2 9NG  
UID: 587



## Bow Newcomers Monday

Basement, Bow Methodist Church, 3 Merchant St., between Mile End Rd/Bow Rd Tube off Mile End Rd.  
Time: 20.00  
Postcode: E3 4LY  
UID: 6196

## Woodford Online Monday

The Memorial Hall, St Mary's Church, 207 High Rd. (400 yds on the right going Sth away from Tescos on the High Rd).  
Time: 20.00  
Postcode: E18 2PA  
UID: 464



## Bethnal Green Online Monday

United Reformed Church, Pott St  
Time: 19.00 - duration 1hr  
Postcode: E2 0EF  
UID: 7054



## Iford Barkingside Recovery Hybrid Monday

Gants Hill Methodist Church, 18 Gants Hill Cres, Barkingside (Cranbrook Rd end), The capacity of the physical room is 12 people maximum and is on a first come basis. Please note that strict Covid-19 requirements are in place in accordance with government guidelines.  
Time: 20.00 - duration 1hr 30mins  
Postcode: IG2 6TU  
UID: 412

## Leytonstone Monday

Ground Floor, Leytonstone United Free Church, 55 Wallwood Rd  
Time: 20.00 - duration 1hr 30mins  
Postcode: E11 1AY  
UID: 3337



## Canary Wharf: Lunchtime Monday

Prayer Room, 2 Churchill Place, below Barclays Tower & behind Waitrose.  
Time: 12.00  
Postcode: E14 5RB  
UID: 5699



## Isle Of Dogs: As Bill Sees It Monday

Christ Church Crypt, Christ Church, Manchester Rd  
Time: 20.00 - duration 1hr 30mins  
Postcode: E14 3BN  
UID: 2706

## Stratford Lunch Online Monday

Methodist Centre, Bryant St  
Time: 12.00 - duration 1hr 30mins  
Postcode: E15 4RU  
UID: 4231



## Leytonstone Step & Tradition Tuesday

Leytonstone United Reformed Church, 55 Wallwood Rd  
Time: 20.00 - duration 1hr 30mins  
Postcode: E11 1AY  
UID: 634



## Barking East End Lunch Tuesday

Barking Methodist Church, 41 London Rd.  
Time: 12.30 duration 1hr 30mins  
Postcode: IG11 8AL  
UID: 409



## Bethnal Green Morning Reflections Online Tuesday

Kedlestone Walk Community Centre, Holly Bush Gardens  
Time: 07.30 - duration 1hr  
Postcode: E2 9RP  
UID: 8173



## Just for Today Online Tuesday

Mtg on Zoom:  
<https://us02web.zoom.us/j/2921495919?pwd=eEZJQ0FjeWNEWFZqcjI9RmVqZz09>  
Time: 08.00 - duration 1hr  
Postcode:  
UID:

## Leyton Newcomers Online Tuesday

Leyton Trinity Methodist Church, 280 High Rd  
Time: 19.00 - duration 1hr  
Postcode: E10 5PW  
UID: 8852



## Just for Today Online Wednesday

Mtg on Zoom:  
<https://us02web.zoom.us/j/2921495919?pwd=eEZJQ0FjeWNEWFZqcjI9RmVqZz09>  
Time: 08.00 - duration 1hr  
Postcode:  
UID:

## Iford Barkingside Recovery Hybrid Wednesday

Gants Hill Methodist Church, 18 Gants Hill Cres, Barkingside (Cranbrook Rd end), The capacity of the physical room is 12 people maximum and is on a first come basis. Please note that strict Covid-19 requirements are in place in accordance with government guidelines.  
Time: 20.00 - duration 1hr 30mins

## Poplar Tuesday

Salvation Army, Kerbey St, off East India Dock Rd.  
Bus: 15, 115, D6. DLR: All Saints.  
Time: 20.00 - duration 1hr 30mins  
Postcode: E14 6AJ  
UID: 665



## Iford Seven Kings (lithuanian Spkg) Tuesday

326 High Rd  
Time: 19.00  
Postcode: IG1 1QP  
UID: 5855

## Hainault Tuesday

St Paul's Methodist Church, Arrowsmith Rd, off The Lowe.  
Time: 20.00  
Postcode: IG7 4NZ  
UID: 435

## City Lunchtime Tuesday

St James Garlickhythe, Garlick Hill  
Time: 13.00 - duration 1hr  
Postcode: EC4V 2AF  
UID: 8516



## Stratford Believers Online Tuesday

St Johns Church, Broadway  
Time: 19.00 - duration 1hr  
Postcode: E15 1NG  
UID: 8870

## AA Principles B4 Personalities Step & Traditions Online Meeting Wednesday

Join us and share your experience, strength and hope with the traditions.  
Join Zoom Meeting  
<https://zoom.us/j/99580410964>  
Meeting ID: 995 8041 0964

, No password. For security: Camera required on entry

## Bethnal Green 12 X 12 Discussion Online Wednesday

St John's Church Hall, Bethnal Green, opp tube stn side, entrance, (Roman Rd).  
Time: 18.30 - duration 1hr  
Postcode: E2 9PA  
UID: 6154

## Canary Wharf As Bill Sees It Online Tuesday

Prayer Room, 2 Churchill Place, below Barclays Tower &, behind Waitrose.  
Time: 17.30 - duration 1hr  
Postcode: E14 5RB  
UID: 5094



## Whitechapel Living Sober Tuesday

Reset Tower Hamlets, 183 Whitechapel Rd  
Time: 18.30 - duration 1hr  
Postcode: E1 1DN  
UID: 5485



## First Clapton Tuesday

St James Church, through arch off Lower, Clapton Rd, near Lea Bridge Roundabout. Access and parking, in Powell Rd. Buses 38,106,253,52,55,48.  
Time: 20.00  
Postcode: E5 8DJ  
UID: 4193

## Buckhurst Hill As Bill Sees It Lunchtime Tuesday

Woollard Centre, Roding View (off Loughton Way)  
Time: 12.30 - duration 1hr  
Postcode: IG9 6AD  
UID: 8586

## Bow Victoria Park Step & Tradition Online Tuesday

St Barnabas Church Bethnal Green, 341-343 Roman Rd  
Time: 19.30 - duration 1hr  
Postcode: E3 5QR  
UID: 7669



## Victoria Park Womens Wednesday

Prideaux House, 10 Church Cres, Victoria Park  
Time: 18.15 - duration 1hr  
Postcode: E9 7DL  
UID: 9056

## Aldgate Dellow Centre Wednesday

Dellow Centre, 82 Wentworth St  
Time: 20.00  
Postcode: E1 7SA  
UID: 490



**Leytonstone Whipps Cross  
Wednesday**

Board Rm, Junction 6, Main Corridor, Whipps Cross  
Hospital., Whipps Cross Rd.  
Time: 20.00 - duration 1hr 30mins  
Postcode: E11 1NR  
UID: 4657



**Canary Wharf: Early Risers  
Wednesday**

Prayer Room, 2 Churchill Place, below Barclays Tower  
&, behind Waitrose.  
Time: 07.00  
Postcode: E14 5RB  
UID: 5208



### Poplar Discussion Wednesday

The Good Shepherd Mission, Three Colts Ln  
Time: 13.00 - duration 1hr 30mins  
Postcode: E2 6JL  
UID: 4941



### Stratford (russian Spkn) Wednesday

Capital House, 134-138 Romford Rd  
Time: 19.00  
Postcode: E15 4LD  
UID: 7158

### Canning Town Mayflower At Anchor House Online Wednesday

Anchor House, 81 Barking Rd, Bus: 5,69,115,276,309,323,330,474. Tube & DLR: Canning Town.  
Time: 20.00 - duration 1hr 30mins  
Postcode: E16 4HB  
UID: 664



### Canning Town: The Path To Freedom Thursday

Anchor House, Barking Rd.  
Time: 19.00  
Postcode: E16 4HB  
UID: 6068



### Poplar Chapter Five Thursday

The Salvation Army, Local Community Centre, Kerbey St  
Time: 20.00 - duration 1hr 30mins  
Postcode: E14 6AJ  
UID: 666



### Iford Barkingside Recovery Hybrid Thursday

Gants Hill Methodist Church, 18 Gants Hill Cres, Barkingside (Cranbrook Rd end), The capacity of the physical room is 12 people maximum and is on a first come basis. Please note that strict Covid-19 requirements are in place in accordance with government guidelines.  
Time: 12.30 - duration 1hr 30mins  
Postcode: IG2 6TU  
UID: 5213

### Iford Seven Kings (lithuanian Spkg) Thursday

326 High Rd  
Time: 19.00  
Postcode: IG1 1QP  
UID: 5962

### Iford Seven Kings Thursday

St Johns Church, St Johns Rd, Seven Kings  
Time: 20.00 - duration 1hr 30mins  
Postcode: IG2 7BB  
UID: 3282



### Sober in Shoreditch Thursday

Shoreditch Church (aka St Leonards Church), Shoreditch High St  
Time: 20.00 - duration 1hr 30mins  
Postcode: E1 6JN  
UID: 5252



### Walthamstow Big Book Thursday

Our Lady & St George's Church Hall, 132 Shernhall St.  
Time: 12.00 - duration 1hr  
Postcode: E17 9HU  
UID: 6819



### Dr Silkworth's Big Book Study Thursday

Guardian Angels Church (rear entrance), 377 Mile End Rd  
Time: 19.30 - duration 1hr 30mins  
Postcode: E3 4QS  
UID: 6630

### Chingford Chip Online Thursday

St Anne's Church Centre, 200A Larkshall Rd,  
Time: 16.00 - duration 1hr 30mins  
Postcode: E4 6NP  
UID: 5850



### Chingford Thursday

North Chingford Methodist Church, Station Rd (opposite Budge's).  
Time: 20.00  
Postcode: E4 7BJ  
UID: 539

### E12 Lunchtime Thursday

CGL Building, 997 Romford Road  
Time: 12.30 - duration 1hr  
Postcode: E12 5JR  
UID: 8665

### Bethnal Green Step By Step Online Thursday

Kedlestone Walk Community Centre, Holly Bush Gardens  
Time: 07.30 - duration 1hr  
Postcode: E2 9RP  
UID: 8530



### Forest Gate Seven till Eight Thursday

The Lounge, Durning Hall, Earham Grove.  
Time: 19.00 - duration 1hr  
Postcode: E7 9AB  
UID: 8191

### Woodford Green Big Book Online Thursday

1NE, 10 The Broadway  
, Entrance and car park at the rear of building, off Broadway Close, opp kick boxing academy.  
Time: 20.00 - duration 1hr 30mins  
Postcode: IG8 0HL  
UID: 5244

### Just for Today Online Thursday

Mtg on Zoom:  
<https://us02web.zoom.us/j/2921495919?pwd=eEZJQ0FjeWNEWFZqci9rMXdmVVVqZz09>  
Time: 08.00 - duration 1hr  
Postcode:  
UID:

### Just for Today Online Friday

Mtg on Zoom:  
<https://us02web.zoom.us/j/2921495919?pwd=eEZJQ0FjeWNEWFZqci9rMXdmVVVqZz09>  
Time: 08.00 - duration 1hr  
Postcode:  
UID:

### Language of the Heart - Bulgarian Speaking Friday

Anchor House, 81 Barking Rd  
Time: 19.00 - duration 1hr  
Postcode: E16 4HB  
UID: 8899



### Bethnal Green Came to Believe Online Friday

<https://us02web.zoom.us/j/4665066962?pwd=Vm9hbG9qeWR6c1RRaE5SSHhpUnVXUT09>  
Password: hollybush

Time: 07.30 - duration 1hr

Postcode:  
UID: ON80

### Women in Recovery Friday

Derby Road Methodist Church, Derby Rd  
Time: 13.00 - duration 1hr 15mins  
Postcode: E18 2PU  
UID: 8859



### Poplar Just for Today - Newcomers Friday

The Emery Hall, The Queen Victoria Seamen's Rest  
(Entrance via Annabel Close), 121-131 East India Dock  
Rd.  
Time: 20.00 - duration 1hr 30mins  
Postcode: E14 6DF  
UID: 7420



### Aldgate Nadzieja (hope) Polish Spoken Friday

The Dellow Centre, 82 Wentworth St  
Time: 20.00  
Postcode: E1 7SA  
UID: 6255



### Stratford Friday

David Lapworth Hall, Bryant St Methodist Church,  
Bryant St  
Time: 20.00 - duration 1hr 15mins  
Postcode: E15 4RU  
UID: 2731



### Canning Town Saturday

Anchor House, 81 Barking Rd, (opp Rathbone Market),  
Bus: 5,69,115,276,309,323, 474. Tube & DLR: Canning  
Town.  
Time: 20.00  
Postcode: E16 4HB  
UID: 636

### Walthamstow Saturday

Our Lady & St George's Church Hall, 132 Shernall St  
Time: 20.00  
Postcode: E17 9HU  
UID: 4393



### Bethnal Green Atheists & Agnostics Meditation Saturday

Quaker Social Action Meeting House, 17 Old Ford Rd  
Time: 18.00 - duration 1hr 10mins  
Postcode: E2 9PJ  
UID: 7513

### Theydon First Friday

Theydon Bois Baptist Church, 2 Avenue Rd, Theydon  
Bois  
Time: 19.15 - duration 1hr 15mins  
Postcode: CM16 7JJ  
UID: 8799



### Wanstead Big Book Friday

Wanstead Baptist Church, 29-31 Wellington Rd  
Time: 19.30 - duration 1hr  
Postcode: E11 2AS  
UID: 8215

### Barking Lunchtime Step Friday

Barking Methodist Church, London Rd  
Time: 12.30 - duration 1hr 30mins  
Postcode: IG11 8AL  
UID: 3342



### Canary Wharf Step & Tradition Friday

Prayer Room, 2 Churchill Place, below Barclays Tower  
&, behind Waitrose.  
Time: 17.30  
Postcode: E14 5RB  
UID: 5700



### Iford Seven Kings (lithuanian Spkg) Saturday

St Peter & St Paul Parish Church Centre, 342 High Rd  
Time: 15.00  
Postcode: IG1 1QP  
UID: 5856

### South Woodford Saturday

Methodist Church Hall, Derby Rd.  
Time: 20.00  
Postcode: E18 2PU  
UID: 2665

### Forest Gate Lunch Saturday

Durning Hall, Earlham Grove.  
Time: 12.30 - duration 1hr 30mins  
Postcode: E7 9AB  
UID: 574

### Hackney: Step & Tradition Friday

St John of Jerusalem Church, Lauriston Rd.  
Time: 20.00  
Postcode: E9 7DH  
UID: 589

### Bethnal Green How It Works Newcomers Friday

Bethnal Green Methodist Church, Approach Rd  
Time: 19.00  
Postcode: E2 9JP  
UID: 7333

### Iford Barkingside Recovery Step Hybrid Friday

Gants Hill Methodist Church, 18 Gants Hill Cres,  
Barkingside (Cranbrook Rd end), The capacity of the  
physical room is 12 people maximum and is on a first  
come basis. Please note that strict Covid-19  
requirements are in place in accordance with  
government guidelines.  
Time: 20.00 - duration 1hr 30mins  
Postcode: IG2 6TU  
UID: 414

### Leytonstone Whipps Cross Open Friday

Board Room, Junction 6, Main Corridor, Whipps Cross  
Hospital, Whipps Cross Rd  
Time: 20.00 - duration 1hr 30mins  
Postcode: E11 1NR  
UID: 635



### Bethnal Green Morning Online Saturday

St John's Church Hall, Bethnal Green, Roman Rd (next  
to Bethnal Green Tube Stn).  
Time: 10.00  
Postcode: E2 9PA  
UID: 6185



### Hackney Crossroads Online Saturday

2 Westgate Street  
Time: 14.00 - duration 1hr 30mins  
Postcode: E8 3RN  
UID: 5832

### Just For Today Online Saturday

Mtg on Zoom:  
<https://us02web.zoom.us/j/2921495919?pwd=eEzJQ0FjZWVhZzZ0Zz09>  
Time: 08.00 - duration 1hr  
Postcode:  
UID: